

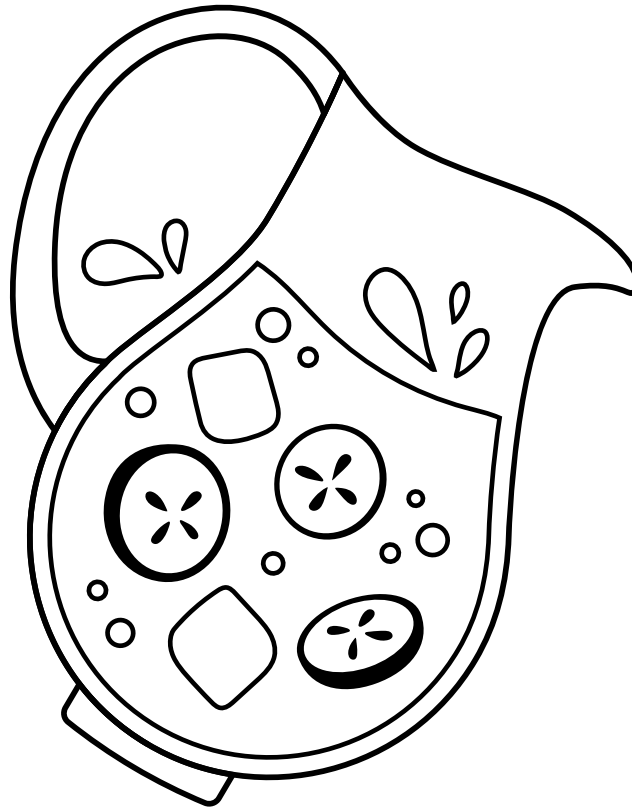
The Wonders of Water

Let your creativity flow and add a splash of color to the scene below!

Can you spot all 10 water droplets playing hide and seek? Remember, choosing water over sugary drinks helps keep your body and mind strong.

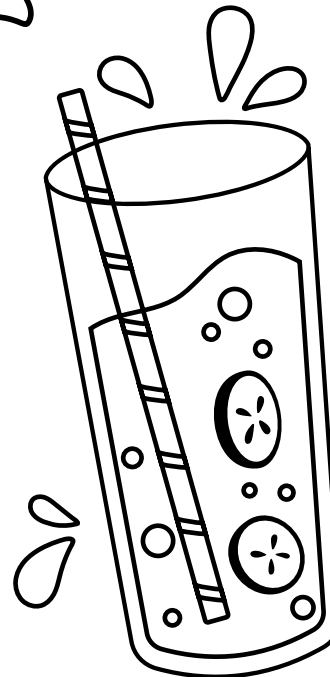
Boosted Focus

Stay sharp by
drinking water.



Healthy Body

Keep muscles energized
with water.



Refreshed Feeling

Feel your best when
you stay hydrated.



Thirsty for Fun?

Water's the Clear Choice.

I, _____, pledge to make waves of change with healthy hydration habits! I'm swapping sugary drinks for water so my body stays hydrated and happy.

Mix up new ways to drink water:

Add fruit!

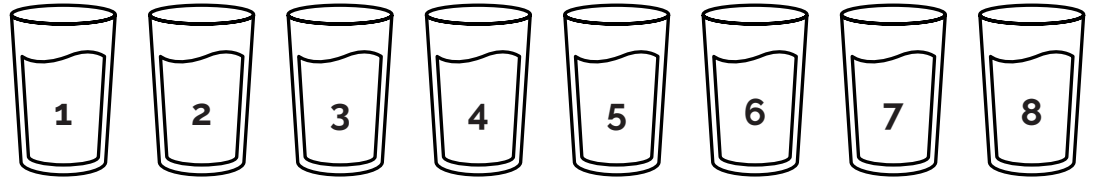


Color in your favorite flavors.

Squeeze juice from your favorite fruit into water for a yummy drink that's way healthier than those with added sugar.

Quench-O-Meter

Color in a glass each time you finish a cup of water today!



Sugar Rush Rescue

Help Leo dodge sugary drink traps and make it to the water hydration station.

